



الجمعية الخيرية اليونانية في بيروت  
ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ  
GREEK COMMUNITY OF BEIRUT



Ta Nea

Issue 36  
Sept / Oct 2022

## Swim Into Summer

*Close your eyes... You can still feel its warmth... And we're still holding on to it.*

Καλοκαίρι, γιατί τρέχεις;

But hold on!! Summer's not over yet. September just kicked in and we still have a lot of summer memories to make.

So let's make it our best summer finale and hope we'll have 30 marvellous sunny days.

Greece witnessed a huge influx of tourists buzzing the islands and Athenian trendiest corner discovering all the hidden gems this beautiful and blessed country has to offer.

This month in history shook the world with tragic events as on September 1<sup>st</sup>, 1939 at 5:30 am, Hitler invaded Poland, starting World War II in Europe. On September 5<sup>th</sup>, 1997, Mother Theresa left her last breath in Calcutta at the age of 87. Then on September 11, 2001, the twin towers of the World Trade Center witnessed the biggest terrorist attack leaving 3000 persons dead. September 14, 1982, Princess Grace of Monaco died in a tragic car accident falling off a cliff in Monte Carlo, luckily her daughter Princess Stephanie survived. On the other hand, on September 15, 1890, the English well-known writer, Agatha Christie, was born. Another extremely well know figure was born on September, the 18<sup>th</sup> precisely in 1805 in Sweden, Greta Garbo. She was one of the greatest actresses to ever be on screen.



© Katerina Katopis

September definitely has a bitter-sweet note to it as not only are we saying goodbye to summer but we're also finding ourselves slowly returning to our daily hectic routine: work, schools, traffic, deadlines, and more stress. But since we've had time to fully recharge our batteries, let's explore together what this month has in store for us.

Till then, stay safe and enjoy reading! Καλό καλοκαίρι! Καλή αρχή!



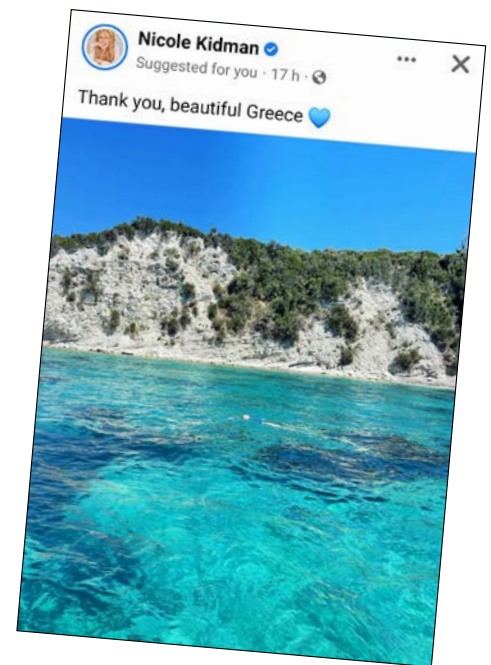
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**In the News: Celebrities buzzing all over Greece**

Not only did Greece witness a huge influx of tourists this summer, but also several celebrities decided to “vacay” in the Greek Islands.







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## Pame Therino?

Bright stars, a nice summery breeze, a cold beer, and a movie to end a night peacefully. What more could you ask for? Oh maybe a nice view overlooking the majestic Acropolis, if you're lucky! That's what you'll get at Cine Paris that first opened in Plaka in 1920 by a Greek hairdresser that fell in love with Paris. If you're up for a movie with Plaka as a backdrop, then you should go to Cine Dexameni, the home of Greek chic. It opened originally in 1905 right on the roof of the "Roman Hadrian's Aqueduct and water tank that supplied Athenians with water until about the mid-20<sup>th</sup> century."

Therina cinema is one of Greeks' favourite pastimes. They made their debut in the summer of 1900 at about the same time as the drive-ins of the 1950s and 1960s in the US. The first outdoor screening in Greece took place at Syntagma Square on a cloth screen and in 1904, Zappeio Park, launched its own cinema in 1904, Aegli, still functional today. By the late 1930s, there were more than 290 open-air cinemas in Athens.



In the late 90s, the government assigned therina cinemas as a protected status due to their cultural importance. Additionally, in the last decade, Athens has hosted an annual open-air cinema film festival.

The top highly recommended therinas are Cine Dexameni to start with, known as Tank; in Exarchia area Riviera and Vox Athens operating since 1938; Flisvos Cinema close to the sea in Paleo Faliro, Cine Aegli in the Zapeio Gardens with the garden summer bar as well. Cine Thission, one of the oldest open-air cinemas in Athens operating since 1935 by Thomas Maniakis, was ranked by CNN among the top movie theaters in the world. It has also appeared many times on lists of the best cinemas in the world in BBC and Time Magazine. It is located on one of the greatest pedestrian streets "Apostolou Pavlou" with Acropolis on your left and Filoppapou Hill on your right.

Some of the top islands have their own open-air cinemas as well such as Cine Kamari in Santorini, Cine Manto in Mykonos, Cine Enastron in Paros, Attikon Cinema in Skiathos, Cine Kipos in Chania, Crete, and so on.

Although open-air cinema's popularity has decreased particularly when it comes to the young generation with the technological sophistication in the film industry and social media taking over our lives, visiting a therino remains a classical experience not to be missed! You might need a jacket and for the sensitive ones, a mosquito repellent!



## In the News: Get Connected! Hop on

What if you could beat traffic, head lights or unexpected works adding further delays to reach your awaited destination? When the right infrastructure is there, alleviating traffic congestion in the city doesn't seem a farfetched dream.

What started as "the biggest public project in Greece" according to PM Mitsotakis in June 2021, has finally seen the light. A contract budgeted at 1.6 billion euros between "Attiko Metro SA" & "J&P Avax SA- Ghella SpA- Alstom Transport S.A." group of companies secured the construction of Line 4 of the Athens Metro from Alsos Veikou in Galatsi to Goudi. This line includes 15 new stations : Alsos Veikou, Elikonos, Kypseli, Dikastiria (Courts), Kessariani, Panepistimioupoli, Zografou, Ilissia and Goudi. It is estimated to serve daily nearly 340,000 passengers; reduce private car transportation by nearly 53,000 and a reduction of approximately 319 tons of CO2 emissions daily. The European Investment Bank is supporting the construction of the first section of the new Line 4, which will run between Alsos Veikou and Goudi (neighbourhoods on the edge of central Athens) with a 30-year loan of €730 million.

Recently, in October 2022, 3 new metro stations as an extension of Line 3 opened: Maniatika, Piraeus and Municipal Theater (Dimotiko Theatro) – on Metro (Blue) Line 3, connecting Piraeus with the center of Athens and the Airport.

There is now a direct metro line from the airport to the port. Total travel time from Piraeus Port to Eleftherios Venizelos Airport is estimated to be just 55 minutes.

During rush hours, the metro will run every 4 minutes. After 10 pm, it goes down to 9-10 minutes. Trains to the airport will run every 36 minutes.

An important finding was made during the excavation works. It goes back to ancient water systems characteristic of the ancient city of Piraeus. Archeologists uncovered precisely 150 structures related to ancient water systems, 345 wells and 388 tanks. Hence, the "Dimotiko Theatro" station is entirely inspired by water in terms of architecture and decoration.

According to the reputable online travel guide Frommer, Athens' metro ranks among the top 10 subways in the world along with Moscow being the oldest and most glamorous, London, Stockholm, Tokyo, New York, Paris, Dubai, Hong Kong and Beijing. What makes Athens' metro distinguishable is basically the archaeological exhibitions and contemporary art installations at several stations.

Frommer is a travel guidebook series created by Arthur Frommer in 1957 that includes more than 350 guidebooks in 14 series.





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#### IMPORTANT NOTICE TO GREEK CITIZENS

Kindly contact our Center by phone or email informing us about any change of address, phone number or social status helping us to keep our data list updated.





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**Did You Know: OXI Day**

How powerful can one word be? At 3:00 a.m. on October 28, 1940, a representative of the Axis forces arrived at the Greek prime minister's residence and demanded Greece's surrender. The prime minister replied with one single word – Oxi – No.

Ioannis Metaxas, a name hard to forget as it played a crucial role in determining the future course of the Second World War. After rejecting Mussolini's demands to surrender to Axis forces and allow the entry to Italian troops on the Greek border, he incited all Greeks to defend their country fiercely using "a line from Aeschylus' play The Persians: "The struggle now is for everything!"

On January 29<sup>th</sup>, 1941, Metaxas died unexpectedly from an inflammation of the pharynx. He was succeeded by the Governor of the Bank of Greece, Alexandros Koryziz who preferred shooting himself rather than facing the German entry into Athens on April 18<sup>th</sup>.



*The Nazi flag is raised over the Acropolis, 1941.*



"...the unbelievably strong resistance of the Greeks delayed by two or more vital months the German attack against Russia; if we did not have this long delay, the outcome of the war would have been different in the Eastern Front and the war in general."- Hitler's Chief of Staff, Field Marshal Wilhelm Keitel admitted during the Nuremberg Trials.

"...until now we would say that the Greeks fight like heroes. From now on we will say that heroes fight like Greeks."- Churchill paying homage to the Greek resistance. -The Ultimate History Project.





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Click [here](#) to listen to the last free broadcast of Athens' Radio on April 27<sup>th</sup>, 1941.

After 7 months of resistance and after defeating Italy, Nazi Germany invades via Bulgaria and Yugoslavia. While the German troops invading from Bulgaria were pinned down by the Greeks at the Metaxas line, and the entire Greek army still chasing off the Italians deep in Albanian territory, the British expeditionary force (Also known as W force) guarding the sector of and between the Yugoslav border and Salonika was insufficient to hold the Germans who were advancing southwards due to the rapid Yugoslav collapse. The Germans invaded mainly by Yugoslavia capturing Salonika and taking the British force by surprise, with the German break through, the Greek armies were cut off and isolated, and the Germans continued their drive south towards Athens. A battle at Thermopylae to delay the Germans by the combined Greek-British troops that managed to retreat was the only thing that prevented the Germans from reaching Athens. In the morning of April 27th 1941 the first Germans entered Athens and drove straight to the Acropolis where they raised the Swastika. This is the last free broadcast of Athens radio, that morning of April 27th 1941 from now on the radio would transmit the propaganda of the third Reich, until the Greek army in exile along with British units would liberate Athens on October 12th 1944.

Oxi Day is celebrated throughout Greece, Cyprus and the Greek communities around the world on the 28<sup>th</sup> October each year. It is a public holiday of high importance that holds military and students parade.



The Greek embassy in Lebanon celebrated the 28<sup>th</sup> of October in a special and symbolic way. The ambassador, Ms. Aikaterini Fountoulakis, in collaboration with the Adjutant Defense Colonel, Mr. Konstantinos Antonatos, made a tribute to the 21 Greek fallen of the Second World War in Lebanon. Together with the ambassador, the Greek Consul Ms. Athanasia Iliaki, the President of the Greek Community Mr. Panayotis Andriotis and Father Romanos who performed the trisagio.





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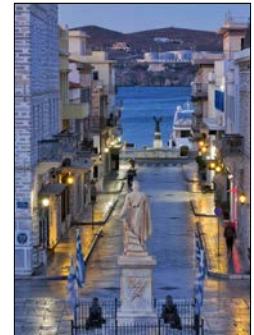


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## Let's explore: The Cosmopolitan Island ... Syros

The cosmopolitan island where captains are made! During the 19<sup>th</sup> century, Syros' port town was even more significant than Piraeus. This beautiful island is part of the Cycladic islands, with Ermoupoli as its capital.

Ermoupoli stands with its neo-classical buildings mixed with old mansions and white houses on a naturally amphitheatrical site that overlooks the harbour. It was built during the Greek War of Independence in the 1820s and hence became the first commercial and industrial centre of Greece. Named after god Hermes, Ermoupoli has so much to offer with its most prominent landmarks among others the churches of the Metamorphosis Sotiros, Agios Nikolaos Plousios and the Dormition of the Virgin Mary (Kimisis Theotokou). Several events take place in this town such as the International Classical Music Festival of Cyclades, ANIMASYROS International Animation festival, Ermoupoleia Cultural Festival, etc.



Ermoupoli is also the home of the best Marine Academy, the Merchant Marine Academy of Syros which was founded about 50 years ago as a public school for merchant marine captains.

Touring further the island around and as they say, the view is always worth the climb, Ano Syros is not to be missed. Only 2km from Ermoupoli, the view from the hilltop is spectacular, it opens up to the neighbouring islands of Tinos, Delos, Mykonos, Paros, Andros and Naxos. Ano Syros or Epano Chora was built by the Venetians at the beginning of the 13<sup>th</sup> century on the hill of San Giorgio's catholic cathedral. It is characterized by a medieval atmosphere from its narrow streets, endless stairs, coloured doors and mainly the Catholic churches and monasteries. The "patriarch of rebetiko", Markos Vamvakaris, was born in Ano Syros within a Roman Catholic family. His home has been turned into a museum open to the public. He was regarded as the master teacher of all other Greek composers, of his time and afterwards and the late Mikis Theodorakis had stated: "We all, we are but branches of a tree. Markos is that tree".





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From Ano Syros, we move to Apano Meria which refers to the northern, remote and inaccessible part of the island and the hillside. This region contains four important archaeological sites (Kastri Halandriani, Grammata, Spilia, Ferekidi, Delfinonisi) and is considered to be the world's most representative deposits of blue schist and eclogites. The archeological sites of Chalandriani in Apano Meria have been unearthed by Christos Tsountas in the end of the 19<sup>th</sup> century, cemetery, and settlements among other finds. Kastri is a prehistoric settlement surrounded by walls dating from the Early Cycladic period (2300-2200 BC).



“Approximately 170 years ago, in 1845, the German geologist Hausman discovered in Syros a mineral with a striking blue color that he called glaucophanis (from the glauca + phanis: it looks like blue). Nowadays Syros is considered the most representative site of cyanoschistoliths and eclogites in the world. The whole island is a geological museum.

As of 2010 the whole area has been declared a NATURA2000 protected area.”

- <https://humancities.eu/smoties/remoteplaces/apano-meria-syros/>

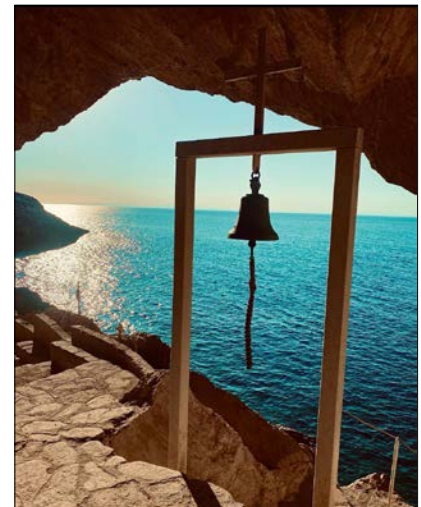
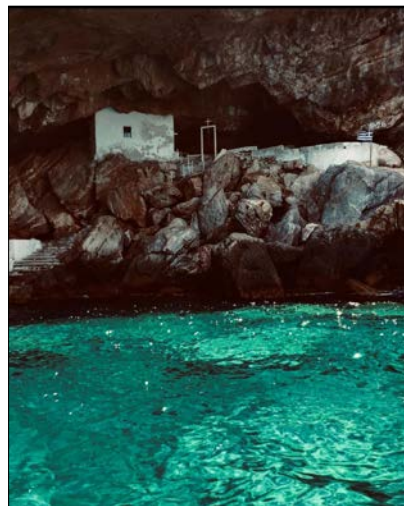


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Galissas is a seaside village built in natural harbour, 7km from Ermoupolis. Galissas beach is one of the most beautiful and popular beaches of the island. It is a fully organized beach that offers all kinds of comfort and various water sport activities as well as mini golf. It has been awarded the blue-flag by the EU. 10 minutes away on foot, by going up the steps to the church of Agia Pakou then walking down to the beach or alternatively by water bike or a canoe, lies a small quiet beach popular with nudists with no shops or any other touristic infrastructure, Armeos beach. There is also the large cave of Agios Stefanos with the water springs and the chapels of Agios Mamas and Agios Kyriakos, the oldest church in Syros.



Kini, is another peaceful village, located 9 km west from Syros' capital and renowned for the little fish eateries.

Posidonia, aka Delagratsia, is the most renowned village on Syros, 13 km from Ermoupoli. It is the aristocratic area of the island known for the very luxurious houses and manicured gardens that were built all around during the years. In the early 20<sup>th</sup> century Posidonia was actually called De la Gracia and it was a holiday destination for rich people of the capital. Many wealthy people from Ermoupolis had vacation homes here.

Vari is by far the most popular coast for beach-goers: sandy bays, golden sand, and shallow water is everything you will find at Posidonia, Finikas, Agathopes, etc. For the more adventurous ones that are willing to trade the comfort of an organized beach, there are numerous hiking signposted trails to follow and get to know the north side of the island and once across the remote mountainside, you'll be taken to secluded beaches such as Lia, Marmari, Grammata, Amerikanou, etc.





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Moving forward from sightseeing, one should also explore and indulge in the local products. Syros is known for its loukoumia, the icing sugar-dusted Turkish delight; halvadopita the soft nougat with fillings like nuts or cranberries, a legacy of the 19th-century migrants from Asia Minor; sausages or skordoloukaniko particularly flavoured with fennel and garlic; louza, an air-dried pork meze marinated in red wine and spices like cinnamon; and the various local cheeses such as the Kopanisti, the sweet gruyere or the San Michali that is exclusive to the same-name village in the north of the island and is a PDO spicy cheese dubbed as the parmesan of Syros, creamy anthotyro and petroto (named after the stones used to milk goats), Tyrovolia is also smooth but it's unsalted and xinomyzithra and xinotyro are tangy and creamy. There are many typical dishes you can enjoy such as kokkinista karavola (snails in a rich tomato sauce with sage), melomenes melitzanes (honeyed aubergines slow-cooked in tomato sauce), maindanosalata (parsley salad with lemon, onions and capers), lahanodolmades (cabbage leaves stuffed with pork) sweetened with raisins, or marathopita (wild fennel pie) and so many more.



If you happen to be in Syros towards the end of July, you definitely shouldn't miss the SIFF, Syros International Film Festival, celebrating this year its 10<sup>th</sup> edition with "Topos" as a theme. It was originally founded in 2013 by the initiator Jacob Moe, in collaboration with Cassandra Selistein. Young and beautiful Bruna Dagher was luckily there this summer as a volunteer for the animation festival ANIMASYROS and was kind enough to share with us these photos.





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## Everything you need to know about the consulate:

All requests should be addressed by email in order to obtain an appointment.

Visa Applications: For visa applications please visit our website

[www.mfa.gr/missionabroad/en/lebanon-en](http://www.mfa.gr/missionabroad/en/lebanon-en).

Additionally, due to the lockdown and the restrictions, Greece is not issuing visas at the moment.

Exceptions can be made to specific cases and only by appointment.

**Passport renewal or issuance:** You will get an appointment by receiving an email.

Required documents are: 2 photo passport size (4x6), a Greek identity card or a birth certificate (that can be provided by us if you send us in advance any old Greek birth or family certificate).

For additional info kindly visit <http://www.passport.gov.gr/en/>

**Legalization of documents:** The Consular Office can legalize any Lebanese official document that has been stamped by the Lebanese Ministry of Foreign Affairs. It is advised to ask for an appointment by email.

**Power of Attorney:** The Consular Office can exceptionally provide a power of attorney to Lebanese citizens that have already made an investment in Greece and want to apply for a residence permit.

**Marriage, birth, death registration:** Required documents: The Lebanese certificates of marriage, birth or death stamped by the Lebanese Ministry of Foreign Affairs and translated in Greek (translations in English or French are accepted as well).

Any old Greek birth or family certificate to be sent in advance by email.

The Consular Office is currently upgrading the embassy's website in order to make it more friendly user and to provide all necessary information and downloadable documents.

## IMPORTANT NOTICE TO GREEK CITIZENS

This section has been specially created by the Greek Community of Beirut with the kind collaboration of the consulate of Greece in order to better serve Greek citizens who wish to have information on all administrative formalities before presenting their requests.

Consular Office can be reached by email at [grcon.bei@mfa.gr](mailto:grcon.bei@mfa.gr)





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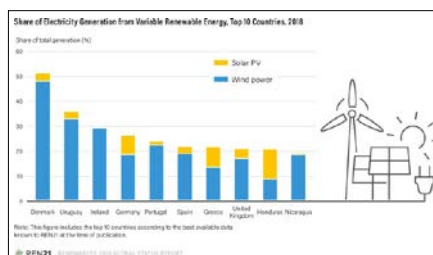
## In the News: Renewable Energy At Its Best

On October 7<sup>th</sup>, Greece reached a major milestone by running the entire country for around five hours on purely renewable energy. At eight o'clock (GMT) it reached a record high of 3,106MWh.

“For the first time in the history of the Greek electricity system, the demand was covered 100% from renewable energy sources” according to IPTO (Independent Power Transmission Operator).

In 2021, renewables made up to 42% of Greece’s power mix, as per the Greece-based environmental think-tank “The Green Tank”, and up to August 2022, it went up to 46%. Elisabeth Cremona, an analyst at energy tank Ember told Euronews Greece, “European countries like Greece are rapidly accelerating away from fossil fuels and towards cheap renewable electricity.”

Greece currently leads the Netherlands, Germany, France, the UK and many other European countries in terms of renewable energy produced.



Greece aims to reach 70% at least of renewables of its power mix by 2030, hence targeting 25 GW of installed renewables capacity which runs now at 10 GW today. The Government seeks hence to attract around € 30 billion in EU funds and private investments.

The scheme to support 4.2 GW of installed renewables capacity (from various renewable energy sources including solar PV & solar-plus-storage) has been approved by the European Commission covering a cost of € 2.27 billion.





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## Oldies But Goldies

Photographs can trigger memories and allow us to briefly relive the bittersweet moments captured and marked forever as part of us. Going through old photographs can be such a healing process.

We'd love you to share with us your stories along with the most heartwarming historic photos you might have stored in those old albums.



*1970-10-28 October parade*





Let's Cook by Giorgos Tsoulis

**Greek Cod & Rice Pie – Bakaliaropita Μπακαλιάροπια**

6-8 Portions 30 min Preparation 1h Cooking



*#tsoulotip: You can use any kind of white fish, without bones, that you like and you can use any aromatics you like. Ideally, you could make your own homemade phyllo dough.*

**INGREDIENTS**

½ kilo cod fillet, desalted  
100 g glaze rice (glutinous)  
300 ml water  
100 ml Greek extra virgin olive oil  
2 tablespoons marjoram, finely chopped  
1 package country phyllo dough  
1 spring onion, finely chopped  
½ bunch dill, finely chopped  
1 leek, finely chopped  
Grated zest and juice from 1 orange  
Salt & Pepper

**METHOD**

- 1 Preheat oven to 180° C (356° F) Fan.
- 2 In a pot, add the water and rice and boil until soft. When ready, transfer to a large bowl.
- 3 In the same pot, add the cod and boil for 10 minutes, until it softens. Remove from pot and remove skin. Pull the flesh apart with your hands and add to bowl with rice.
- 4 Place a pan over medium heat and let it get very hot. Add some olive oil and then add the spring onions and leeks. Sauté for 3-4 minutes, until they soften. When ready, add to the bowl along with the remaining ingredients and mix thoroughly.
- 5 Brush a baking pan with olive oil. Add half of the sheets of country phyllo dough, placing them in a crisscross manner (one horizontally and one vertically) and brushing each one with olive oil.
- 6 Add the cod and rice filling and spread evenly. Top with the remaining sheets of phyllo dough in the same manner as before.
- 7 Fold the overhanging edges inward, score the surface of the pie into pieces and bake for 45-50 minutes, until golden and crunchy.
- 8 When ready, remove Cod and rice pie from oven and serve warm.



Dessert as well...

**Cherry & Walnut Tart- τάρτα με κεράσια και καρύδια**

6-8 Portions 20 min Preparation 1h wait time 40 min Cooking



A delicious, cinnamon-y tart dough, filled with a luscious cherry and walnut filling that will drive you wild and is so easy to make! #tsoulotip: You can make the dough and store it in the freezer for up to 1 month.

**INGREDIENTS**

*For tart dough:*

70 g walnuts  
150 g all-purpose flour  
2 teaspoons granulated sugar  
½ teaspoon salt  
¼ teaspoon ground cinnamon  
120 yb butter, chilled and cut into small cubes

*For filling:*

300 g cherries, pitted  
1 leveled tablespoon cornstarch  
1 ½ teaspoon lemon juice  
35 g granulated sugar + extra for sprinkling  
dough  
2 tablespoon milk, for brushing dough

**METHOD**

1 Preheat oven to 175° C (347° F) Fan.

2 For the tart dough:

Place the walnuts in a small baking pan and roast for 5 -6 minutes, until they release their aromas. When ready, remove from oven and set them aside to cool completely.

3 Add the walnuts to a food processor and beat until finely ground. Transfer to a bowl and set aside.

4 In a large bowl, add the flour, ground walnuts, cinnamon, sugar and salt. Mix thoroughly and add the butter. Begin rubbing the butter and flour mixture between your fingers.

5 As soon as the mixture begins to resemble wet sand, mix with your hands until you create a nice dough. Shape it into a round ball and cover in cellophane wrap. Refrigerate until it thickens.

6 For the filling:

In a bowl, add the cherries, corn starch, lemon juice and sugar. Mix very gently and set aside.

7 When the dough is ready, remove from cellophane wrap. On a clean working surface, spread out two sheets of parchment paper and dust with flour. Place the dough between the 2 sheets, dusted sides touching it. Use a rolling pin to roll out the dough into a disc that is 12 cm in diameter.

8 Remove the top sheet of parchment and transfer dough to a pan by lifting it with the bottom sheet of parchment.

9 Add the cherries to the dough, leaving a clean 2 cm border. Fold the edges inward and brush them with some milk.

10 Sprinkle the dough with some granulated sugar and bake for 30-40 minutes, until the dough turns golden brown and the filling is bubbling.

11 When ready, remove from oven, set it aside to cool and serve.





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Let's meet Giorgos Tsoulis



**Chef George Tsoulis**

George Tsoulis has taken over many successful cuisines of Greek restaurants and has shared his culinary skills through popular TV shows in Greece and Cyprus. With his unique temperament and directness in communication, Chef George Tsoulis has won the love of the public that follows him faithfully and trusts his recipes that are updated daily at [giorgostsoulis.com](http://giorgostsoulis.com) and social media [@giorgos\\_tsoulis](https://www.instagram.com/giorgos_tsoulis), while every Friday at four at noon shares with us a new cooking video #MiMassa through the YouTube channel of [@GiorgosTsoulis](https://www.youtube.com/@GiorgosTsoulis).

Recently, two new cooking hotspots were inaugurated in the city bearing the signature of the Chef, the COOK by GiorgosTsoulis located in Melissia and is an ode to Greek Mediterranean cuisine, while its second gastronomic hangout is located by the Naval Seaside Gastrobar for fine dining and top brunch right next to the water!

The European Committee for the Environment, Oceans and Fisheries has chosen George Tsoulis to represent Greece in the "Taste the Ocean" campaign where great European Chefs urge us to consume sustainable fish and seafood.

Following the Taste the Ocean campaign, the European Union again partnered with him to invite the Chef to speak at the Opening of the EU Green Week 2021, the largest annual European environmental policy event to focus on the EU's ambition for zero pollution.

Last year, the organization Ambassadors of Taste for the Global Gastronomy® and Greek Taste Beyond Borders honored George Tsoulis with the Chef of the Year and World Ambassador of Greek Gastronomy awards, as well as with a gold medal Quality & Taste from [estiatoria.gr](http://estiatoria.gr)

Currently, the Chef produces daily, together with his team, new delicious recipes for his site and digital media at the cooking studio #tsoulomageiremata in Melissia, while also preparing his first cookbook.

[@Giorgos Tsoulis](https://www.instagram.com/giorgos_tsoulis)

[www.giorgostsoulis.com](http://www.giorgostsoulis.com)

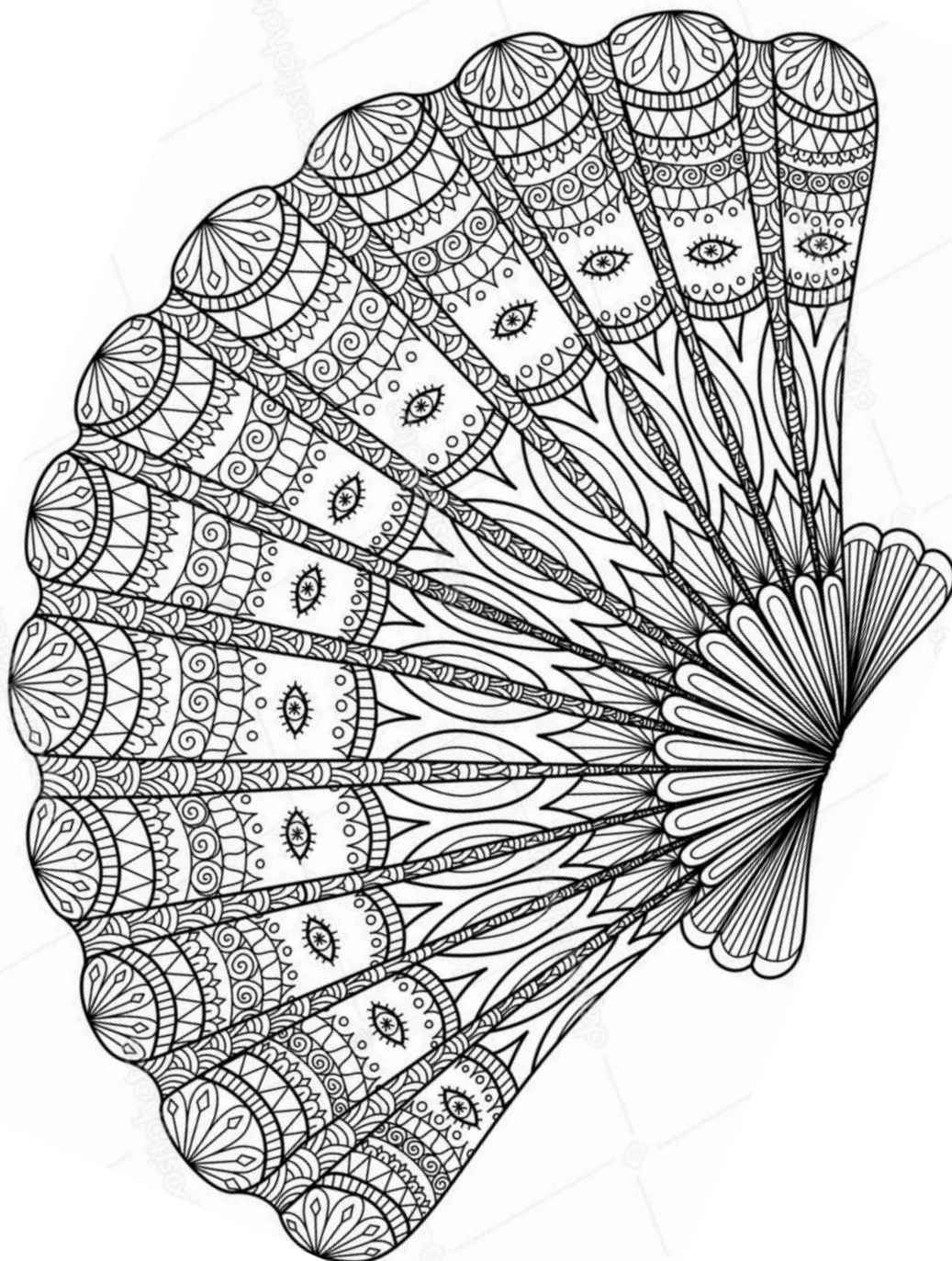


الجمعية الخيرية اليونانية في بيروت  
ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ  
GREEK COMMUNITY OF BEIRUT



*Ta Nea*

And play!







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Ta Nea

## Back to School

Make sure you inquire about next year's schedule starting **July 2023 and register early** as places run fast.







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Ta Nea

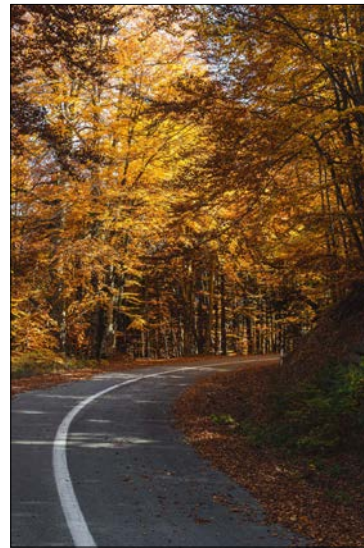
## I Keep Falling...

And so gradually we trade our little bikinis to large hoodies; flip flops and bathing suits are packed for next summer; beach getaways turn into adventurous hikes; cold and refreshing mojitos are swapped with hot cocoa... And suddenly Mama Gaia releases her first tears cooling down the overheated grounds and bringing forward a new season to rejoice in.

Falling leaves...

Falling temperatures...

Falling scenes...



Gramenni Oxia © Stefanos Addimando

Let's welcome fall stating off with a strong debut: Greece achieved a major milestone running entirely on REP for a period of five hours; it marked history changing its course as well with one single simple word "OXI"; it celebrates the liberation of Thessaloniki from the Ottoman Turks in 1922 which coincides with the fest of its patron saint, Agios Dimitrios; it expanded its commute transportation, inaugurating a direct line from the Airport to the Port amongst other connections all serving to improve circulation and reduce carbon emission for a cleaner and calmer city.

This is what our October looked like! Enjoy it.





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*Ta Nea*



*Sifnos © Armandos Kyriakis*