



الجمعية الخيرية اليونانية في بيروت
ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
GREEK COMMUNITY OF BEIRUT



Ta Nea

Τριπλό Τεύχος

Issue 49
Jan | Feb | Mar 2024

Endings & Beginnings

2023 was definitely a roller coaster for most of us
with plenty of ups and plenty of downs.

Hence enters 2024 with 365 blank pages.

What does destiny have in store for us?

Leaving a blank page for each to write his own tale.

No rules. No restrictions.

Καλό μας μήνα!





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Nothing but Love....and Pride!

Love is the whole thing. We are only pieces. – Rumi
One is loved because one is loved.

No reason is needed for loving. – Paolo Coelho
Love is above all, the gift of oneself. – Jean Anouilh

And so it goes on, and on, and on.

Love is a luscious elixir
A driving force
A beautiful beginning
But also a tragic ending.

How many wars were fought for love
Love of a poem, love of a country, love of a principle.
How many songs were written for love? Poems? Books?

Love is old. Love is new. Love is all. Love is You.
All you need is love. – The Beatles

February has us celebrating love, while March praises women:
The love of a language, the praise of freedom!

We all long and require the presence of a female figure in our
lives and we all know there is no greater love than the love of a
mother, the first, purest, and unsurpassed form of love.

May we learn to love ourselves first, and others, not only
throughout the month of love, of women's day, or Mother's Day,
but all year long and harder on darker days.

The past two months had major turmoil and we're all learning to
navigate through stormy weather. Impatiently waiting for spring
with brighter, warmer, and peaceful days.

Καλό μας μήνα!

MORE
APRIL
FOR
FAVOR



Michalis Hatzigiannis

To σ' αγαπώ → English translation

[12 translations](#)

To S'Agapo

I was too young for such "openings" (opportunities) in spite (of that) I "answered" (responded to, resolved, fulfilled) them

I have "opened up" so many "opportunities" with (for) you now, I am "closed off" within myself

I "offered" you the "net", but you did not "grab hold" you "know" how to "elude" a "subject" maybe you are right for "guarding" yourself (?! with the "I love you, but from me" !?) it is "dangerous" here

therefore, (it is) better that you are leaving (for) years (now), I try

for the (very) "thing" you are (trying) for years to avoid but (if) you stay, I will (be) "bound"

therefore, (it is) better that you are leaving (for) years (now), I try

for the (very) "thing" you are (trying) for years to avoid the "I love you", the "I love you"

I "gave" you everything and still you "paused" to all these ("things") that you are "holding", hidden from me (hidden resentments and grudges) maybe you are right that you "resisted" (with/in) the "I love you", but also to me it is "dangerous" here

therefore, (it is) better that you are leaving (for) years (now), I try

for the (very) "thing" you are (trying) for years to avoid but (if) you stay, I will (be) "bound"

therefore, (it is) better that you are leaving (for) years (now), I try

for the (very) "thing" you are (trying) for years to avoid the "I love you", the "I love you"

To σ' αγαπώ

Ήμουνα μικρός για τόσα ανοίγματα, και όμως τα απάντησα μωρό μου, έκανα με σένα τόσα ανοίγματα, τώρα έχω κλειστεί στον εαυτό μου.

Σου ριζα τα δίχτυα μα δεν πιάστηκες, Ξέρεις να ξεφεύγεις απ' το θέμα, Ίσως έχεις δίκιο που φυλάχτηκες, Απ' το σ' αγαπώ και από μένα.

Είναι επικίνδυνα εδώ, Γ' αυτό καλύτερα που φεύγεις, Χρόνια προσπαθώ, αυτό που χρόνια αποφεύγεις, Κι άλλο αν μείνεις θα δεθώ, γι' αυτό καλύτερα που φεύγεις, Χρόνια προσπαθώ, αυτό που χρόνια αποφεύγεις, Το σ' αγαπώ, το σ' αγαπώ.

Σου δωσα τα πάντα κι όμως στάθηκες, Σ' όλα αυτά που μου κρατάς κρυμμένα, Ίσως έχεις δίκιο που αντιστάθηκες, Και στο σ' αγαπώ, μα και σε μένα.

Γ' αυτό καλύτερα που φεύγεις, Χρόνια προσπαθώ, αυτό που χρόνια αποφεύγεις, Κι άλλο μείνεις θα δεθώ, γι' αυτό καλύτερα που φεύγεις, Χρόνια προσπαθώ, αυτό που χρόνια αποφεύγεις, Το σ' αγαπώ, το σ' αγαπώ.



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In the News: Meet Athens' New Mayor



On January 1st, 2024, Haris Doukas, the newly appointed mayor of Athens assumed office. He had announced his candidacy for Athens mayor in August 2023 and won the 2nd round of elections held in October, garnering 41.35% in the polls.

Outgoing Athens mayor, Kostas Bakoyannis attended the ceremony and congratulated his successor.

43 years old, Haris Doukas is a mechanical engineer and Professor of energy policy and management at the School of Electrical and Computer Engineering of the National Technical University of Athens. He has more than 150 scientific publications in international scientific journals and has received an award for his contribution as an expert at the World Renewable Energy Congress.

His priority is to ensure that all his actions contribute to a cleaner city environmentally.

“We believe in social participation, in citizen intervention as a necessary condition for the changes the city needs. So in this environment, today, I want to tell you that nothing is impossible,” he noted, promising a “green, clean, safe and creative Athens for everyone.”

Age

43 years
May 12, 1980

Party

PASOK –
Movement for
Change



IMPORTANT NOTICE TO GREEK CITIZENS

Kindly contact our Center by phone or email informing us about any change of address, phone number or social status helping us to keep our data list updated.



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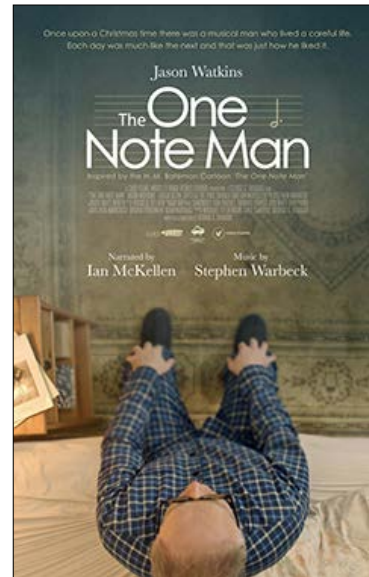
Ta Nea

In the News: One Note Man Shortlisted for the Oscars

“The One Note Man” is a British short comedy-drama film of 22 minutes which was written, produced and directed in 2023 by George Siougas. Without a word of dialogue, it tells the dull routine of a lonely bassoonist, starring Jason Watkins, which sums up to riding his bicycle to the opera house where all he gets to do is play one note on his bassoon in an orchestra everyday.

Until one day, he breaks his routine and his life changes forever. This heartwarming short-film was described as “quite possibly the most enchanting Christmas fable [...] witnessed in years” by Benjamin Franz from Film Threat, the online film review publication. It is also qualified to be considered for the 2024 BAFTA.

A small heads up on the film’s writer/director.



He moved to the UK to study at the London Film School. He produced 5 short films that competed in more than fifty festivals worldwide and won 5 Grand Prix and 4 Best Director Awards. In 2002 he was headhunted to direct “Close Your Eyes” a drama series for Mega TV in Greece. The series was a huge hit in the history of Greek TV which made him win 5 awards at the 2003 Hellenic TV Awards, including Best Director. From this pint George’s career took off and he directed across all platforms for 10 years.

In 2012 he completed his debut feature “Burning Heads” (aka “To Gala”) that not only was nominated for 11 awards by the Hellenic Film Academy but also won Best Actor & Best Actress awards at Alexandria Film Festival as well as Best Actor & Best Film in the London Greek Film Festival.

In the same year, with the collapse of Greece’s economy, George moved along with his family to Cyprus but in 2015 they relocated to UK where he directs for UK broadcasters.



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In the News: Another Award Goes to...

Yorghos Lanthimos is a name you'll want to remember! He's the Greek director that made himself a name amongst the leaders of cinema.

His latest comedy/fantasy "Poor Things" featuring Emma Stone, Mark Ruffalo, Margaret Qualley, William Dafoe, etc. was nominated in eleven categories and won two awards: Best Motion Picture & Best Actress.

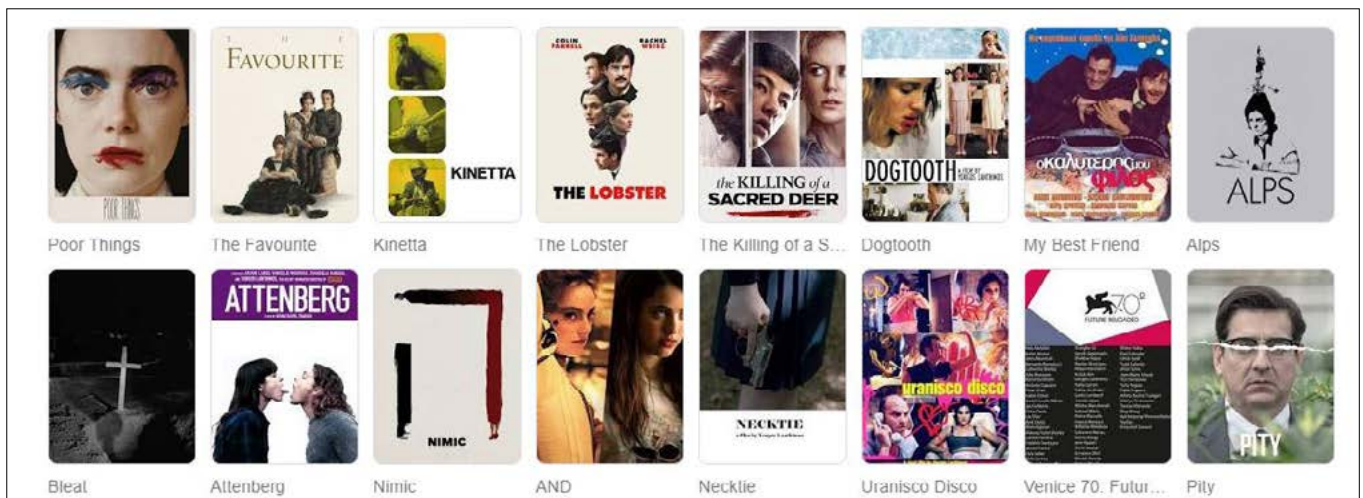
Back in 2019, he was nominated Best Director & Best Picture for "The Favourite" and in 2017, Lanthimos got another nomination for "Lobster".

Did you know though that the first Greek to be nominated was back in 1935, for the choreography of "Top Hat" along with Fred Astaire & Ginger Rogers, it was Ermis Panagiotopoulos.

While receiving his award, Lanthimos paid tribute to his biggest admirer, Bruce Springsteen, present in the audience: "I just want to speak to Bruce Springsteen. We have the same birthday. He's been my hero since I grew up."

<https://www.tiktok.com/@greekreporter/video/7324442578978442502>

His life in a glimpse: he was born in Pangrati on September 23rd, 1973. Followed his father's footsteps into playing basketball for Pangrati BC. Attended Moraitis school then studied business administration. Dropped out however and studied instead film and television at the Hellenic Cinema & Television School Stavrakos in Athens. He is a part of a postmodern film movement known as the "Greek Weird Wave" and most of his films are influenced by his Greek heritage. Both The Lobster (Colin Farrell & Rachel Weisz) & The Killing of a Sacred Deer (Colin Farrell, Nicole Kidman) competed for the Palme d'Or.





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GREEK COMMUNITY OF BEIRUT



Ta Nea

"Lanthimos' films aren't for everyone. They're dead pan and clinically detached. At times they feel like dispatches from a distant alien planet", quoted Chris Nashawaty of Entertainment Weekly.

Off cameras, he is married to Ariane Labed since 2013, Greek-French actress whom he met while acting and producing Attenberg in 2010.

In 2004, he was a member of the creative team that designed both the opening and the closure ceremonies of the 2004 Summer Olympics.



Q: When did the two of you first meet?

EMMA STONE: It was June of 2015, in a cafe. I was in rehearsals for "La La Land," and I met him to talk about "The Favourite." I thought he was going to be really scary and twisted, and he isn't. It was a very comfortable and easy conversation and we got along right away.

Q: You thought he might be a more intimidating presence?

STONE: Having seen the films that he had made up until that point, yeah.

YORGOS LANTHIMOS: What a cliché.

STONE: I was 26! I was but a child. But from then on, we kept in touch and got to know each other a little bit. By the time we were making "The Favourite," we had a rapport and the beginning of our friendship, and then by the end of shooting it, we started talking about "Poor Things."





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Did You Know: It's Been a Nice Ride for 102 Years!

Athens most historic theatre has been forced to stop its screenings, after more than a century in business.



The Schliemann-Mela Mansion in Athens. Credit: Mitsis Hotels

Friday, December 28, **Ideal cinema** closed its doors with a final screening of "Pulp Fiction" by Quentin Tarantino at 9:00 pm. The theatre was fully booked ahead of schedule.

Not only was Ideal one of the most historic and magnificent theatre, it was the first one to bring the Dolby Stereo sound to Greece. It was also an impressive four storey building of 7.115 sq.m., designed by Ernst Ziller, a German architect and one of the most prominent representatives of Greek neoclassical architecture, and was located on central Panepistimiou Street, in the Schliemann-Mela Mansion.

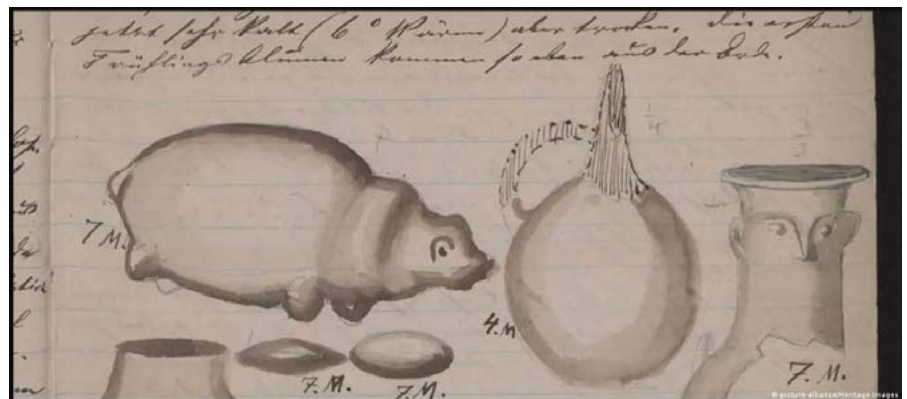
The mansion comprised a ground floor, a mezzanine, and four storeys above which a building was added later on, and in its patio was housed the historical movie theatre of 829 sq.m.

Heinrich Schlieman was the German archaeologist that unearthed the legendary city of Troy. He was born on January 6, 1822, and his love for Ancient Greece and Troy in particular, was passed on to him by his father who used to recite him stories when he was young.

The hotel chain Mitsis acquired the old mansion and plan to convert it to a luxury hotel with a 36 million euro renovation. The cinema will get its remake as well and be turned into a theatre and conference center. It will be assigned to an international company in the field of entertainment.



Heinrich Schliemann (1822-90) and his wife





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ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
GREEK COMMUNITY OF BEIRUT



Ta Nea

In the News: Greek Flags Exhibiting

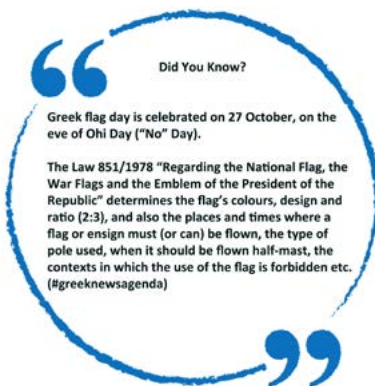
On Thursday March 14th at 19:00, the exhibition “Our Flags, Brilliant Cloths, Historical Signs” by the visual artist Mairili Harami was inaugurated at the City of Athens Arts Centre in Ambelokipi. This is an event organized by the Greek Music Workshop of the Municipality of Athens, through the Culture, Sports and Youth Organization of the Municipality of Athens (OPANDA) in view of the National Day.

The exhibition will run till April 7, with a free entrance. It displays around 50 historic flags, and the artist tried to reproduce the flags using linen fabrics, natural dyes and ancient techniques.

Γαλανόλευκη, Galanólefki, aka the national flag of Greece, popularly referred to as the “turquoise and white one” has a 200-year history; it was initially conceived during the Greek War of Independence declared against the Ottoman Empire on 1821.

It has seen many versions throughout historical events before this final version was adopted as the National flag of Greece. The exhibition of these historic flags pays homage to all brave patriotic Greeks, to their struggles, sacrifices, contribution and drive to free their homeland.

For every flag, there were countless fighters who fought with passion. Some even defended it with their own lives. But there were mothers who waved hair, sisters who dyed yarn, women who wove, dreamers who drew, artisans who painted, girls who embroidered.



Info

📄 **Tickets:** Free admission

📅 **Date:** 14 March 2024 - 07 April 2024

🕒 **Time:** Tuesday - Friday 11 am - 7 pm, Weekends 10 am - 3 pm

📍 **City of Athens Arts Centre, Eleftherias Park, Ambelokipi, 115 21**

☎ **+30 210 723 2604**

Greek flag day is celebrated on 27 October, on the eve of Ohi Day (“No” Day).

The Law 851/1978 “Regarding the National Flag, the War Flags and the Emblem of the President of the Republic” determines the flag’s colours, design and ratio (2:3), and also the places and times where a flag or ensign must (or can) be flown, the type of pole used, when it should be flown half-mast, the contexts in which the use of the flag is forbidden etc. (#greeknewsagenda)



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Ta Nea

Event: Celebrating the International Greek Language Day

"It's All Greek To Me!"



A perplexing language, so rich, to eloquent, that withstood time, the Greek language has been known for more than 3,500 years. It is beyond doubt one of the oldest living languages, it served as the basis for many languages and contributed to the terminology of various fields such as medicine, philosophy, literature, astronomy, and science.

A cardiologist will heal your "kardia" but you'll probably cross those fingers not to hear him say you need a "xeirourgeio", rather a vacation and less stress! There are so many medical terms doctors use that come out as gibberish to you, but it only makes sense, given that the Greeks founded modern medicine. God bless Hippocrates and the Hippocratic Oath!

Socrates, Plato, and Aristotle, were the fathers of "philo" "sophia", the "love of wisdom", pushing oneself to break the status-quo and think outside the box through thought-provoking questions.

The "democracy" you pledge for and all the perks it comes with, is another yet sacred invention by the ancient Greeks. "Demos" (the people) and "kratos" (rule). Our dear Aristotle did say "Democracy is the form of government in which the free are rulers". Now let's not debate the accuracy of this sacred statement that somehow got tarnished with the years and the egos!

When it comes to planets, stars alignment and birth charts, dear old Chiron, one of the Centaurs in Greek mythology, will determine the wounds only ourselves can heal.

"Γαλαξία" (galaxy), "Ευρεκα", "Αλφάβητο" (alphabet), "Μουσική" (music), "Χάος" (chaos), "Πλανήτης" (planet), "Κοσμοπολίτης" (cosmopolitan) and so many other words you didn't know were actually Greek!

In the endIt's all Greek to me!

Or as the saying goes "the Greeks have a word for it".

"Eunoia", "Storgi", "Xarmolipis", "Mángkas", "Kaimós" and a bunch of other words have actually no matching accurate translation. You get to learn your "alpha" and your "omega" and you'll be fine!

Our language is our homeland, it is our culture, it is our history.

-Nikos Kazantzakis

Joining forces on this special day, we pay homage to the Greek Language on its International day, because carrying on traditions is equally fundamental.

A tradition that officially kicked off with a proposal in 2014 by the Greek and Italian communities. It took a plenary session of the Greek Parliament in 2016 to adopt this proposal, officially establishing February 9 as the International Greek Language Day.

Χρόνια Πολλά!





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GREEK COMMUNITY OF BEIRUT



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https://www.youtube.com/watch?v=2MsqLqSX_4I





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ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
GREEK COMMUNITY OF BEIRUT



Ta Nea

Event: Celebrating the National Day of Greece



On the occasion of the National Day of Greece occurring on Monday 25th of March 2024, a gathering was organized at the Greek Community's premises on the 23rd, in the presence of the Ambassador of Greece to Lebanon, Mrs. Despina Koukoulopoulou, the Ambassador of Cyprus to Lebanon, Mrs. Maria Hadjitheodosiou, as well as colleagues, close members, and students who organized a short video that took us back in time and gave us an insight into the crucial roles the heroes of the War of Independence of 1821 played to free their beloved country.

Our students' presentation has been uploaded to our YouTube channel.

[Click here to watch.](#)

The Greek War of Independence was a revolution led by fearless Greeks combatting the rule of the Ottoman Porte. The slogan "Liberty or Death" was the winning drive those freedom fighters needed; it was their elixir to either regain their freedom or die in dignity!

Today, 203 years later, those words still resonate even stronger than ever.





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ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
GREEK COMMUNITY OF BEIRUT



Ta Nea

This was also the theme of the drawing competition that was formerly launched in February. The winners of the competition were announced during the event.



It was also an opportunity during which two former board members were honored for their contribution during their tenure at the Greek Community Mr. Maurice Hanemoglou and Mr. Petros Hadjigeorgiou.

A cocktail followed amidst a jovial ambiance.

Χρόνια Πολλά.



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ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
GREEK COMMUNITY OF BEIRUT



Ta Nea

On Monday 25th of March, the Evangelism and Doxology Ceremony was held by His Eminence Metropolitan Elias Audi of Beirut and Dependencies at the Annunciation Church, in the presence of the Ambassador of Greece to Lebanon, Mrs. Despina Koukoulopoulou, and the Ambassador of Cyprus to Lebanon Mrs. Maria Hadjitheodosiou. Following the religious ceremony, a Te Deum was celebrated among all present members.





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ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
GREEK COMMUNITY OF BEIRUT



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Everything you need to know about the consulate:

All requests should be addressed by email in order to obtain an appointment.

Visa Applications: For visa applications please visit our website

www.mfa.gr/missionabroad/en/lebanon-en

All permanent residents in Lebanon can apply for their touristic visa at VFS offices

<https://visa.vfsglobal.com/lbn/en/grc/>

Passport renewal or issuance: You will get an appointment by receiving an email.

Required documents are: 2 photo passport size (4x6), a Greek identity card or a birth certificate (that can be provided by the Embassy if you send in advance any old Greek birth or family certificate).

For additional info kindly visit <http://www.passport.gov.gr/en/>

Legalization of documents: The Consular Office can legalize any Lebanese official document that has been stamped by the Lebanese Ministry of Foreign Affairs. You can visit the Consulate any week day between 09:30 and 13:30.

Power of Attorney: The Consular Office can exceptionally provide a power of attorney to Lebanese citizens that have already made an investment in Greece and want to apply for a residence permit.

Marriage, birth, death registration: Required documents: The Lebanese certificates of marriage, birth or death stamped by the Lebanese Ministry of Foreign Affairs and translated in Greek (translations in English or French are accepted as well).

Any old Greek birth or family certificate to be sent in advance by email.

The Consular Office is currently upgrading the embassy's website in order to make it more friendly user and to provide all necessary information and downloadable documents.

IMPORTANT NOTICE TO GREEK CITIZENS

This section has been specially created by the Greek Community of Beirut with the kind collaboration of the consulate of Greece in order to better serve Greek citizens who wish to have information on all administrative formalities before presenting their requests.

Consular Office can be reached by email at grcon.bei@mfa.gr





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ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
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Embassy Section: Latest Exhibitions

The Office for Economic and Commercial Affairs affiliated with the Embassy of Greece in Lebanon promoted the below trade exhibitions for January, February and March.



From March 2nd to March 4th, 2024, the largest Greek Wine Exhibition, Oenorama 2024 took place in Athens, at Zappeion Megaron with the Lebanese participation. Following coordination between the Office and the peer wine associations and national institutes of Greece and Lebanon last year, five top Lebanese wineries participated to the above international trade show, which hosted more than 250 exhibitors, 2.300 wines and 10.000 professional visitors, during the 3-day exhibition.

It was the first institutional lebanese participation to take place in a similar event after a long time, a fact highly appreciated by Greece and the institutional bodies of vine and wine.

Articles on Lebanese wines and Oenorama Exhibition

<https://www.oenorama.com/en/exhibition/oenorama>

<https://www.gastronomos.gr/oinos-pota/giati-axizei-na-gnorisete-ta-krasia-toy-livanoy/255420>

<https://www.gastronomos.gr/apopseis/oinoposia-al-fresco/56925/>

[Κοιλιάδα Μπεκάα: 10 εντυπωσιακά κρασιά από τον Λίβανο |](#)

[Ειδήσεις για την Οικονομία | newmoney](#)

<https://agora.mfa.gr/ta-grafeia-oikonomikon-emporikon-upothe-seon/grafeia-ana-xora/infofile/87176>





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ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ

GREEK COMMUNITY OF BEIRUT



Ta Nea

Embassy Section: European Elections

European Elections 2024
6-9 June

Why is it important to vote? When you vote, you choose the Members of the European Parliament. These Members make decisions that affect your daily life. For example, these decisions affect jobs, healthcare and the environment. **Your vote matters. If you vote, you have a say.**

IMPORTANT NOTICE
The entire voting process will be done in Greek. You will need to connect with your Greek Passport details and either your ID details or your Electoral Number which can be found on your marital status certificate or online www.gov.gr. You must sign up via the Ministry of Interior's online platform (in Greek) by 29 April 2024. <https://epistoliki.yppas.gov.gr/login>. Your postal vote should be returned to Greece by June 8th otherwise it will not be valid.

Election Process:	JUNE 2024 EUROPEAN ELECTIONS
You can subscribe to the platform until:	Monday, April 29, 2024
The Ministry of the Interior will send the election materials:	May 2024
Your postal vote must be returned to the pre-filled address by:	Saturday 8 June 2024 17:00
Election Date:	Sunday, June 9, 2024

Introductory note

Information Note of the Ministry of the Interior of the Hellenic Republic regarding postal voting

Postal voting is established for the first time in Greece as a means of facilitating the exercise of voters' right to vote for the European elections and national referendums. It is a substantial opening to the ubiquitous Hellenism by the abolition of all practical obstacles to the exercise of the right to vote of Greek citizens wherever they are.

The introduction of postal voting concerns all Greek citizens who are registered in the electoral rolls and wish to exercise their right to vote by postal vote, whether they live in Greece or abroad. **There are no criteria that limit the possibility of exercising the electoral right of Greek citizens through postal voting.**

With the postal vote, the way of exercising the right to vote is modernized by ensuring the basic constitutional principles of immediacy, universality and secrecy of the vote. Greek citizens are given the opportunity to vote from their place of residence without requiring their physical presence at the polling station in which they are registered. Voters save time and money and the participation in the electoral process is facilitated for all Greek citizens and in particular for our elderly fellow citizens, seasonal workers, people with disabilities, and students during the examination period. This is how democracy deepens.

Summary of the procedure for exercising the right to vote by mail

1. I am registering on the special postal vote electoral rolls via the Home Office online application until 29 April 2024.
2. I am receiving the election materials at the address I have stated.
3. I vote and send my envelope to the pre-filled address. The files must reach the sorting centers by 17:00 on the eve of the European elections (8 June 2024).

European elections 6-9 June 2024

Why voting matters

Voting at the European elections is your opportunity to decide what the European Union should focus on over the next five years.

Use your vote to help change the world you live in
Use your vote to tackle the global challenges that surround us
Use your vote to stand for democracy
The more people vote, the stronger democracy becomes.

Sign up now to get voting reminders and ensure you don't forget to use your vote. Because the more people vote, the stronger democracy becomes.

EUROPEAN ELECTIONS 6-9 JUNE 2024

How many MEPs will be elected?
In 2024, 720 MEPs will be elected. The number of MEPs is decided before each election. The total number of MEPs cannot be more than 750 plus the President. There are currently 705 MEPs. Each EU country can have a minimum of six MEPs and a maximum of 96.

ΕΠΙΣΤΟΛΙΚΗ ΨΗΦΟΣ
ΕΥΡΩΠΑΪΚΕΣ ΕΚΛΟΓΕΣ 2024

Message for Greek Citizens
For support and information please reach out

Greek Embassy
(00961) (0)4 521 700 - 418 772
Monday-Friday 9:00 am - 5:00 pm

Greek Community of Beirut
(00961) (0) 1 493 467/8
Monday-Friday 10:00 am - 6:00 pm

<https://greekcommunityofbeirut.com/european-elections-eu-citizens-living-abroad-how-to-vote-june-6-9-2024/>



Let's Cook by Giorgos Tsoulis

Baked Carbonara
5 Servings 10 min Preparation 40 min Cooking

#tsoulotip: We do not boil the pasta too much because it will be cooked more in the oven.

METHOD

1. Preheat the oven to 210°C in convection mode.
2. Boil the pasta in a saucepan with adequately salted water, for 1-2 minutes less than the instructions on the package, so that they come out al dente.
3. Heat a pan over medium heat. Add a little olive oil, and the onion, stir lightly with a wooden spoon and sauté well.
4. Add the bacon, stir and continue cooking for 1-2 minutes.
5. Transfer the mixture from the pan to an ovenproof dish. Add the boiled pasta, stir well and set aside.
6. Heat a saucepan over medium to high heat and add the heavy cream along with the parmesan. Simmer for 4-5 minutes, stirring continuously with a hand whisk, until the sauce thickens enough. Season with salt and pepper.
7. Pour the sauce over the pasta, mix well and sprinkle with parmesan and gouda cheese.
8. Bake in the oven until the cheese is gratinated and serve.

INGREDIENTS

- 500 g spaghetti pasta
- 1 onion, finely chopped
- 100 g bacon, cut into chunks
- 1 lt heavy cream
- 300 g parmesan, grated
- 200 g gouda cheese, grated
- Salt & Pepper
- Extra virgin Greek olive oil

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الجمعية الخيرية اليونانية في بيروت
ΕΛΛΗΝΙΚΗ ΚΟΙΝΟΤΗΣ ΒΗΡΥΤΟΥ
GREEK COMMUNITY OF BEIRUT



Ta Nea

Dessert as well...

Greek Sweet Island Pies With Feta Cheese - Lihnarakia
17 Servings 10 min Preparation 1h Resting 40 min Cooking
#tsoulotip: Press the pleats in the dough securely, so they don't open up while baking.

INGREDIENTS

For dough:
450 g soft flour
40 g granulated sugar
2 teaspoons baking powder
1 medium egg
185 ml full fat milk
60 ml sunflower oil
1 egg yolk, diluted with a little water, for egg wash
Ground cinnamon, for sprinkling

For filling:
180 g Greek Feta cheese, crumbled
180 g Greek sweet Myzithra cheese, grated
1 medium egg
30 g granulated sugar
1 teaspoon Greek honey
1 teaspoon ground cinnamon
¼ teaspoon mastic, crushed

METHOD

1. Preheat oven to 180° C Fan.
2. **For the dough:** In a mixer's bowl, add the flour, sugar, baking powder, egg, milk and sunflower oil. Beat on high speed with the whisk attachment, until you create a smooth, soft dough. When ready, remove dough from bowl and wrap in cellophane. Refrigerate for 1 hour.
3. **For the filling:** In a bowl, add all of the ingredients for the filling and mix thoroughly.
4. When dough is ready, dust a clean working surface with flour. Add the dough and use a rolling pin to roll it out into a rectangular shape that is 3cm thick.
5. Using a 10 cm round dough cutter or a glass, cut the dough into circles.
6. Add 1 ½ teaspoons of filling in the center of each circle of dough and pinch the border to create pleats. When ready, transfer to a baking pan lined with parchment paper.
7. Brush the pies with the egg wash and bake for 20 minutes.
8. When ready, allow the Lihnarakia to cool for 5-10 minutes, sprinkle with cinnamon and serve.

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Ta Nea

Let's meet Giorgos Tsoulis



Chef George Tsoulis

George Tsoulis has taken over many successful cuisines of Greek restaurants and has shared his culinary skills through popular TV shows in Greece and Cyprus. With his unique temperament and directness in communication, Chef George Tsoulis has won the love of the public that follows him faithfully and trusts his recipes that are updated daily at giorgostsoulis.com and social media [@giorgos_tsoulis](https://www.instagram.com/giorgos_tsoulis), while every Friday at four at noon shares with us a new cooking video #MiMassa through the YouTube channel of [@GiorgosTsoulis](https://www.youtube.com/channel/UCGiorgosTsoulis).

Recently, two new cooking hotspots were inaugurated in the city bearing the signature of the Chef, the COOK by GiorgosTsoulis located in Melissia and is an ode to Greek Mediterranean cuisine, while its second gastronomic hangout is located by the Naval Seaside Gastrobar for fine dining and top brunch right next to the water!

The European Committee for the Environment, Oceans and Fisheries has chosen George Tsoulis to represent Greece in the "Taste the Ocean" campaign where great European Chefs urge us to consume sustainable fish and seafood.

Following the Taste the Ocean campaign, the European Union again partnered with him to invite the Chef to speak at the Opening of the EU Green Week 2021, the largest annual European environmental policy event to focus on the EU's ambition for zero pollution.

Last year, the organization Ambassadors of Taste for the Global Gastronomy® and Greek Taste Beyond Borders honored George Tsoulis with the Chef of the Year and World Ambassador of Greek Gastronomy awards, as well as with a gold medal Quality & Taste from estiatoria.gr

Currently, the Chef produces daily, together with his team, new delicious recipes for his site and digital media at the cooking studio #tsoulomageiremata in Melissia, while also preparing his first cookbook.

[@Giorgos Tsoulis](https://www.instagram.com/giorgos_tsoulis)

www.giorgostsoulis.com

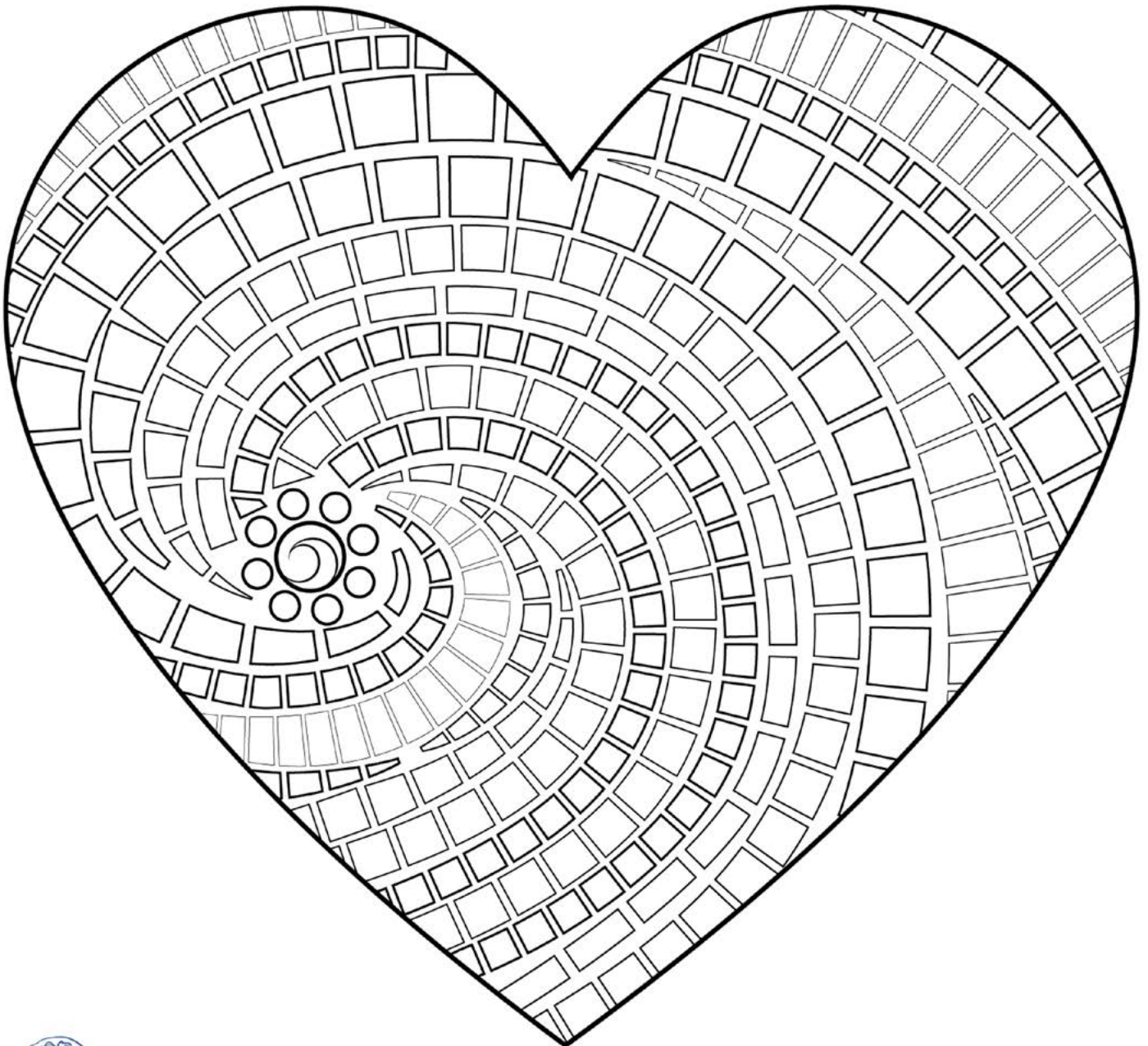


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Ta Nea

And play!





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Ta Nea

Let's Pause For...





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Ta Nea

... Somewhere only we know



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